

Ethnomedical Information on Piri-Piri (*Cyperus articulatus*)

Part / Location	Documented Ethnomedical Uses	Type Extract / Route	Used For	Ref #
Rhizome / Africa	Used for toothaches, headaches, diarrhea, indigestion and coughs.	Not stated	Human Adult	ZZ1020
Rhizome / Brazil	Used for fevers.	Infusion / Oral Resin / External	Human Adult	K26363
Rhizome / Colombia	Used as an antivenin for snakebite.	Not stated	Human Adult	ZZ2010
Rhizome / Ecuador	Secoyas mix ground rhizome with water for fever, influenza, and to allay fright.	Maceration / Oral	Human Adult	L04137 ZZ1005 ZZ1104 ZZ2007
Rhizome / Guyana	Used for stomachache.	Not stated / Oral	Human Adult	ZZ1104
Rhizome / Jamaica	Used to stop vomiting in yellow fever and other diseases. Used as a stimulant; for diarrhea. Used for pains in the bowels.	Infusion / Oral Decoction / Oral Tincture / Oral	Human Adult	ZZ1020
Rhizome / Nigeria	Used for malaria.	Not stated	Human Adult	J16227
Rhizome / Peru	Used for snakebite: the fresh raw rhizome is chewed fresh and the juice swallowed, then the pulp is put onto the bite after it has bled.	Raw / Oral Masticated / External	Human Adult	L04137 ZZ2003 ZZ2007 ZZ2013
Rhizome / Peru	Shipibo-Conibo use it to treat and prevent gastrointestinal disorders. Used as a contraceptive. Used as a hair tonic and for baldness. Juice taken as a birthing aid, to prevent a bad birth, and as a hemostat. Juice taken as a nerve tonic; in cases of stress, nervous and mental disorders. Juice is taken for malignant tumors and throat cancer. Juice is taken as an abortifacient..	Maceration / Oral Maceration / Oral Maceration / External Fresh juice / Oral Fresh juice / Oral Fresh juice / Oral Fresh juice / Oral	Human Adult	ZZ2003
Rhizome / Peru	Shipibo-Conibo use it against bad spirits and negative energy in children. Powder sprinkled over the body to calm fright and prevent sickness..	Maceration / External Powder / External	Human Child Human Adult	ZZ2003
Rhizome / Peru	Used for dysentery and other severe intestinal infections.	Raw / Oral	Human Adult	K28202
Rhizome / Peru	Used for digestive disorders. Used as a rheumatic pain reliever.	Infusion / Oral Poultice / External	Human Adult	ZZ2007

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Rhizome / Peru	Used for dysentery.	Raw / Oral	Human Adult	L03868 ZZ1093
Rhizome / Peru	The Ese'eja use it for dysentery.	Not stated	Human Adult	ZZ2007
Rhizome / Peru	Used as a contraceptive.	Infusion / Oral	Human Adult	T04785
Rhizome / Peru	Used for intestinal infections. Used for healing wounds.	Decoction / Oral Decoction / External	Human Adult	J15343
Rhizome / Peru	Powdered rhizome or rhizome juice used as a cicatrizant and hemostat for wounds and external hemorrhages. Juice dropped into eyes for conjunctivitis. Used for diarrhea, dysentery, spasms. Used for fractures and dislocations. Used for intestinal worms, and postpartum and intestinal hemorrhages.	Various / External Fresh juice / External Decoction / Internal Poultice / External Fresh juice / Oral	Human Adult	ZZ2011
Rhizome / Peru	Used for "bad air" or bad energy. Used to treat epilepsy and nervous disorders.	Decoction / Oral	Human Adult	ZZ2013
Rhizome / USA	Used to control nausea, vomiting, stomach pain, and gas. Used for headaches, epilepsy, blood in the urine, menstrual irregularity, breast pain, and vaginal discharge. Has anti-emetic, carminative and sedative properties.	Tincture / Oral	Human Adult	ZZ2018
Rhizome / USA	Used to check vomiting and as a tonic (2 ml fluid extract).	Fluid Extract / Oral	Human Adult	PP1001
Rhizome / USA	Used as aromatic tonic, anti-emetic, and anthelmintic. (Called adrué)	Not stated / Oral	Human Adult	PP1002
Rhizome / USA	Considered gently stimulating, warming, diffusive, and demulcent. Used for vomiting, and as a gastric tonic. Used to soothe the nervous system and increase skin circulation.	Infusion / Oral	Human Adult	PP1003
Rhizome / USA	Mucilage considered excellent wash in ophthalmia.	Not stated / External	Human Adult	PP1003
Rhizome / USA	As an anti-emetic and carminative; for digestive disorders, vomiting, and intestinal gas.	Decoction / Oral Fluid Extract / Oral	Human Adult	PP1004
Rhizome / USA	Used as an anti-emetic and carminative; for morning sickness. Acts as a sedative in dyspeptic disorders.	Fluid extract / Oral	Human Adult	ZZ1052
Rhizome / USA	Used as an anti-emetic (30 drops).	Fluid Extract / Oral	Human Adult	ZZ2019
Leaves / Guinea	Used as a cerebral antimalarial.	Infusion / Nasal	Human Adult	K27039

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Leaves / Peru	Used for wounds and hemorrhages.	Chopped / External	Human Adult	ZZ1093
Leaves / Peru	Used for coughs.	Infusion / Oral	Human Adult	ZZ2011
Leaf+flower / Peru	Used as a love charm or love potion (to attract and bring love).	Infusion / Oral	Human Adult	ZZ1093 ZZ2013
Stem / Guiana	Palikur Indians rub the pounded stem on the nose to control snoring.	Powder / External	Human Adult	ZZ1104 L04137
Shoots / Peru	Chopped shoots used as a hemostatic and vulnerary.	Not stated / External	Human Adult	L04137 ZZ1027
Plant / Africa	Used as a fumigant.	Not stated	Human Adult	ZZ1022 ZZ1106
Plant / Brazil	Used for dysentery and headaches.	Not stated	Human Adult	PP1009
Plant / Peru	Used for fevers and flu.	Not stated	Human Adult	ZZ1105
Plant / Peru	Considered a "magical" plant in the Madre de Dios region and used by women. They bathe their children with it to prevent illness and to bring good luck. Also used to bring good luck in hunting and fishing, and as a love potion.	Baths / External	Human Adult Human Child	ZZ2009
Plant / Peru	Entire plant decocted as an abortifacient and antivenin.	Decoction / Oral	Human Adult	ZZ2013
Plant / Peru	Used as an abortifacient.	Infusion / Oral	Human Adult	A04471 L04137 ZZ2007
Plant / Egypt	Used for colic.	Not stated	Human Adult	ZZ1022 ZZ1106
Plant / Hawaii	Used for aches.	Not stated	Human Adult	ZZ1022
Plant / Not stated	Used as a sedative; for dyspepsia.	Not stated	Human Adult	ZZ1022

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