

Ethnomedical Information on Caigua (*Cyclanthera pedata*)

Part / Location	Documented Ethnomedical Uses	Type Extract / Route	Used For	Ref #
Fruit / Peru	Fresh fruit eaten for high cholesterol and circulation problems.	Fresh fruit / Oral	Human adult	ZZ1105
Fruit / Peru	Used as a hypoglycemic and anti-inflammatory.	Infusion / Oral	Human adult	H25814
Fruit / Peru	Used to lower cholesterol.	Infusion / Oral	Human adult	H25814
Fruit / Peru	Fresh fruit or parboiled fruit or dried fruit juice in capsules is used for diabetes, circulatory problems, high cholesterol, and to clean the arteries of plaque.	Various / Oral	Human adult	ZZ1101
Fruit / Peru	Fresh fruit or parboiled fruit or dried fruit juice in capsules is used for diabetes and high cholesterol. Also recommended for menopausal women to prevent coronary problems.	Various / Oral	Human adult	ZZ2013
Fruit / Peru	Fresh fruit juice is put in the ear to treat earache and ear inflammation. Fresh fruits are ground up and used in poultices as an anti-inflammatory.	Fresh juice / External	Human adult	ZZ1101 ZZ1093
Fruit / Peru	Fresh fruits are ground up and used in poultices as an anti-inflammatory	Fresh juice / External	Human adult	ZZ1101
Fruit / Peru	Fruits are cooked in olive oil and gargled warm for tonsillitis. Fruits are cooked in milk and taken for angina.	Fresh fruit / Oral	Human adult	ZZ1101 ZZ1093
Fruit / Peru	Used as a diuretic.	Infusion / Oral	Human adult	ZZ1101
Fruit / Peru	Used for diabetes, hypertension, arteriosclerosis, and cardiovascular disturbances.	Fruit juice / Oral	Human adult	ZZ1093
Fruit / Peru	A maceration in olive oil is used externally for angina and tonsillitis.	Maceration / Oral	Human adult	ZZ1093
Fruit / Peru	Used for gastrointestinal disorders.	Not stated	Human adult	CA2001
Seeds / Peru	Seeds are ground to a powder and taken in 1 gram dosages as a vermifuge for intestinal parasites and worms.	Seed powder / Oral	Human adult	ZZ1101 ZZ2013
Seeds / Peru	Used for high blood pressure and diabetes.	Infusion / Oral	Human adult	L04137
Seeds / Peru	Used for high blood pressure.	Infusion / Oral	Human adult	ZZ1101
Seeds / Peru	Used for high blood pressure.	Infusion / Oral	Human adult	ZZ2013 ZZ1045

Part / Location	Documented Ethnomedical Uses	Type Extract / Route	Used For	Ref #
Epicarp / Peru	Used for diabetes.	Decoction / Oral	Human adult	ZZ1107
Leaves / Peru	Used for diabetes.	Decoction / Oral	Human adult	ZZ1105
Root / Peru	Used to clean the teeth.	Not stated	Human adult	ZZ1101 ZZ1093
Not stated / Java	Used for fever.	Not stated	Human adult	ZZ1106 ZZ1022

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