

## Ethnomedical Information on Ayapana (*Ayapana triplinervis*)

Part / Location	Documented Ethnomedical Uses	Type Extract / Route	Used For	Ref #
Leaves / Brazil	Used as a tonic, stimulant, astringent, antidiarrhetic and sudorific; for coughs and inflamed throats.	Infusion / Oral	Human adult	ZZ1099
Leaves / Brazil	Used as a sedative; for fevers, snakebites, and rebellious ulcers.	Decoction / Oral	Human adult	ZZ1013
Leaves / Brazil	Used for queasy stomach, nausea, indigestion, diarrhea, insomnia, vomiting, sore throat, and ulcers.	Infusion / Oral	Human adult	ZZ2013
Leaves / Brazil	Used as an astringent, emollient and cicatrizant.	Leaf juice / External	Human adult	ZZ2013
Leaves / Brazil	Used as an astringent; for snakebite, mouth ulcers and gingivitis.	Infusion / External	Human adult	ZZ1099
Leaves / Brazil	Used for gastric ulcers.	Not stated	Human adult	T08730
Leaves / Brazil	Used for fever, headaches, and colds.	Infusion / Oral	Human adult	K16654
Leaves / Guyanas	Used as a alexiteric (anti-contagion), febrifuge, sudorific, and digestive; for colds, gripe, and high blood pressure. Strong dose is vomitive. Weak dose is laxative.	Infusion / Oral	Human adult	ZZ1104
Leaves / Guyanas	Used for chronic diarrhea.	Decoction / Oral	Human adult	ZZ1104
Leaves / Guyanas	Used for headaches and oral sores.	Cataplasm / External	Human adult	ZZ1104
Leaves / India	Used as a stimulant, tonic, and diaphoretic. Used as a hemostatic.	Infusion / Oral Infusion / External	Human adult	A07694
Leaves / Peru	Used as a sudorific, digestive, depurative and stimulant; for colic, snakebite, and hemorrhages.	Infusion / Oral	Human adult	ZZ1101
Leaves / Peru	Used for colic, stomach pain, snakebite, edema, and as a depurative.	Leaf juice / Oral Infusion / Oral	Human adult	ZZ2003
Leaves / Peru	For external hemorrhages (nosebleeds, wounds, etc.).	Plaster / External	Human adult	ZZ003
Leaves / Peru	Used as a cicatrizant for external wounds and bleeding.	Powder / External	Human adult	ZZ1101 ZZ1105
Leaves / Peru	Used as a sudorific, cicatrizant, astringent, febrifuge, hepatoprotective, antidiarrhetic, and antitumoral; for inflammation of the urinary tract, liver problems, and tetanus.	Infusion / Oral	Human adult	ZZ2013

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Leaves / Rodrigues Island	Mixed with epazote ( <i>Ageratum conyzoides</i> ) to treat flatulence.	Decoction / Oral	Human adult	K26851
Plant / Argentina	Used for tumors.	Not stated / Oral	Human adult	ZZ1022
Plant / Argentina	Used to stimulate abundant menstruation.	Infusion / Oral	Human adult	A05589
Plant / Brasil	Used for tetanus, angina, cholera, mouth infections, snakebite, ear and eye problems.	Infusion / Oral	Human adult	ZZ1079
Plant / Brazil	Used for tetanus, eczema, and grippe (flu).	Not stated / Oral	Human adult	ZZ2010
Plant / Guyanas	Used as an anti-vomitive to relieve nausea from malaria.	Not stated / Oral	Human adult	ZZ1104
Plant / India	Used as a cardi tonic, diaphoretic, emetic, hemostat, laxative, stimulant, and tonic.	Not stated / Oral	Human adult	ZZ1022 ZZ1106
Plant / Malaya	Used as a sudorific; for bronchitis and diarrhea.	Not stated / Oral	Human adult	ZZ1022 ZZ1106
Plant / Mauritius	Used as an alternative, antiscorbutic, diaphoretic, laxative, stimulant, tonic; for ulcers, dyspepsia, bowel problems, lung disorders, depression, inflammatory conditions, fevers, colds, diarrhea, and headaches.	Infusion / Oral	Human adult	AY2002
Plant / Peru	Used as a sudorific, digestive, and stimulant.	Infusion / Oral	Human adult	ZZ1105
Plant / Peru	Used for upper respiratory disorders.	Not stated	Human adult	AY2001
Plant / Philippines	Used as a sudorific, tonic, and for fevers.	Not stated / Oral	Human adult	ZZ1022 ZZ1106
Plant /Trinidad	Used for chest colds, constipation, fevers, flu, pneumonia, and yellow fever.	Not stated / Oral	Human adult	ZZ1022 ZZ1006
Plant / Not stated	Used as a digestive and stimulant.	Not stated / Oral	Human adult	ZZ1022
Plant / Not stated	Used for bronchosis, chest colds, constipation, diarrhea, fever, flu, pneumonia, sores, and yellow fever.	Not stated / Oral	Human adult	ZZ1106

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